

Classification of intimate and personal care tasks (Carnaby and Cambridge, 2006)

Intimate care tasks	Personal care tasks
Dressing and undressing (underwear) Helping someone use the toilet Changing continence pads soiled with faeces Changing continence pads soiled with urine Bathing or showering Washing intimate parts of the body (e.g. genitalia) Menstrual care Administering enemas Administering rectal medication	Shaving Skin care or applying external medication Hair care Help with feeding Brushing teeth Applying deodorant Dressing and undressing (clothing other than underwear) Washing non-intimate body parts Prompting to go to the toilet or bathroom