

TRANSCRIPT: Working with parents

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One of the things when you're working in an environment with young people who need their care needs met, is to make sure that you have the views of the parents taken on board. Actually the parents are the experts. They're the ones that know their children and they're the ones that you need to listen to.

So, it's about first of all sharing where you think the young person is and then looking ahead and sharing the vision of where you hope they will be, or you think they could be. It's then about breaking down the small steps and trying things and supporting each other and coming back to the table and just working together to get there together.

Sometimes their views and yours need a bit of tailoring and you need to work very closely with them and with other health professionals to find a shared way forward.

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