TRANSCRIPT: Maria Mayo, Jack's mother

Jack's personal care needs

His personal care needs are twenty-four hours a day. It's very difficult and very frustrating for Jack because, obviously, he's at puberty age and he needs a lot of privacy and dignity. It is quite difficult because Jack's quite frightened of the toilet, so getting Jack even to just sit on the toilet is extremely, extremely difficult. So it is very difficult in the dignity part because trying to change Jack on a daily basis is very difficult anyway. He just screams and runs off because he's very private down below. Obviously, he doesn't like me to change him because I'm a woman. But he doesn't mind his father changing him. But it's not always possible for him to have a man. I find it extremely difficult when it's only me by myself. And I have to show him PECS symbols and explain to him that I have to change him and dad's not here, he's at work. It could take forty-five minutes to calm him down. He does eventually calm down and then I can change him. I'm finding that quite difficult at the moment.

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