## TRANSCRIPT: Maria Mayo, Jack's mother

## What Jack dislikes

Jack doesn't like noise and crowded places. If we're in a restaurant or in a park and it's get crowded, we have to take Jack away from that because his anxiety levels go very high and he harms his self very badly and hits his self. He cries. He gets very nervous and he runs. So we have to take him out of that situation before it escalates to a high level. Sometimes it can take up to forty-five minutes to an hour to actually calm Jack down. It's very stressful and so we try and avoid that situation, but it is very difficult to avoid it.

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