

TRANSCRIPT: Music therapist: trans-disciplinary working

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I work individually and with groups, but a lot of the work here is transdisciplinary. If we're going to work for the benefit of the child, communication is between staff is paramount, so we'll talk about what we can achieve with each child.

So, for example, when I just work with the physiotherapist, sometimes she wants a child who's got a tight muscle tone to relax. By playing a drum, you can get the child to relax and stretch out and she can have them on a Quest bench, rather than in their wheelchairs, or by getting the child out of the wheelchair and being supported by the physiotherapist, we can then get the child to relax, to lean forward to play the drum. I can then support the needs musically and the physiotherapist's aims are also being met.

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