

A mentally unhealthy school/college – some attributes

For teachers	For children and young people
Afraid	Afraid
Stressed /under pressure	Stressed /under pressure
No-one to talk to	No-one to talk to
Fear of humiliation (by manager, students)	Fear of humiliation (by teachers, other pupils)
Feeling powerless (against management culture or peer culture of students)	Feeling powerless (against school/college culture or peer culture)
Not being listened to	Not being listened to
Not being able to contribute ideas	Not being able to contribute ideas
Isolated	Isolated
No room for creative input	No room for creativity
Fear of being gossiped about	Being bullied
Not having the knowledge or skills to do the work expected	Not having the knowledge or skills to do the work expected
Not being able to manage workload	Not being able to manage workload
Unpleasant staff room	Unpleasant facilities, for example: dirty toilets, gloomy playground