

This book is about me!



My name is  
Solomon



Read me!

This book will help you get to  
know me and how I communicate.

All About Me.  
Hello! My name is  
Solomon



I'm 12 years old  
I live in Cumbria and Hong Kong  
I go to XXXXXXXXXXXX School

Medical Stuff,  
Listen Up It's  
**IMPORTANT!!!**

**I HAVE A LIFE THREATENING  
ALLERGY TO EPILIM AND TEGRETOL**

I have Epilepsy and take medication to control it.

If you want to know more you should speak to my family.

There are more details in my  
Healthcare Plan

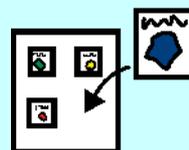
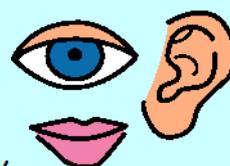
# How I Communicate .....

This is really important so read it carefully and it will help you to communicate better with me and let you know how best to encourage me to communicate with you!!

## Non verbal Communication

I may not use words like you do, but that does not mean that I can't communicate. Instead, I use my eyes, face, body and voice to communicate and I'm also learning to use photos and pictures to tell you what I want.

Read the boxes and you'll find out what I do and what it might mean.



## Vocalising



I love to play with sounds and when I'm happy or I'm on the phone to my mum I chatter away.

You may hear a few sounds that you recognise - It's called jargon!

## When I want something.....

If I really want something, I may point to it and then look at you. I might also tap your arm to get your attention.

## Signing

I know a few signs, so it is a good idea for you to sign key words when you are speaking to me - it helps me understand what you are trying to say.

Using pictures and photos are also a good way to help me understand what is happening.



## Why not talk to me...

Before you start make sure you try and get my attention

When you talk to me use simple and straightforward sentences.  
If they are too long I won't understand.

You also need to sign key words if possible - this will also help me understand what you want.

Using simple pictures and photos can also help focus my attention and help understanding

Encourage me to use my PECS file - see below

## PECS - The Picture Exchange Communication System

I am learning to use the PECS system which involves exchanging a picture for something that I want.

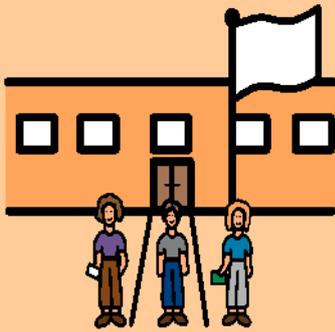
I am at stage 3. I am learning to make a choice from 2 items that I really like. Although I can do this sometimes, I'm still not really consistent and need to do lots of practise.

I have a PECS folder which has pictures and photos of things that I like to play with.

Why don't you get out my book and toys and help me practise?



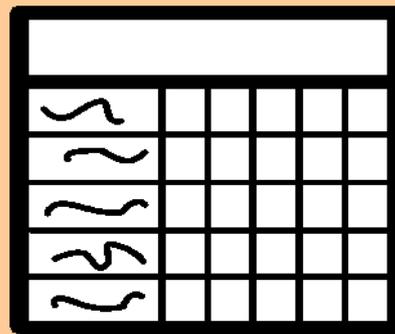
# Things I like to talk about



school



going places



time tables and schedules



social club



my family

These are some of the signs that I am familiar with.....

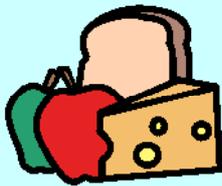
You will recognise some of them but others may be my own version

Ask my mum or dad if you are unsure.if you are unsure



## Food

chicken  
dinner  
fish  
biscuit  
juice  
  
milk  
banana



## Transport..

car  
bus  
train  
aeroplane  
bicycle  
fire engine



## Colours

Red  
Orange  
Green



## General

mama  
Brian  
baby  
good morning  
thank you  
phone  
toilet  
home  
doctor  
jesus  
I want  
bed

book  
school  
bag

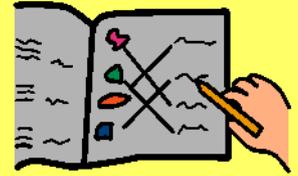




# Things I like doing at home



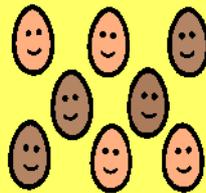
looking at books



homework



rhymes and songs



joining in with people



dancing



telephone calls



cooking



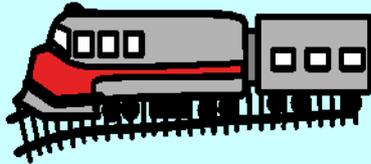
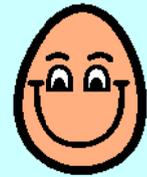
# Things I DON'T like doing at home



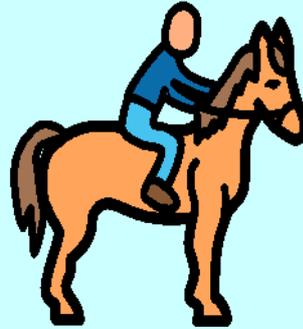
I don't like staying too long at home



# Places I like to go



train station



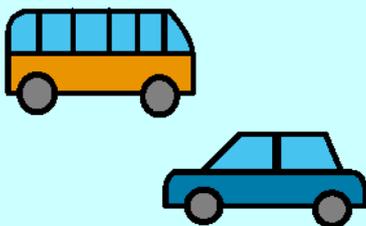
horse riding



cycling



Eastern Chinese Cafe  
in Carlisle



riding in  
cars and buses



eating outside  
and having picnics



# Food



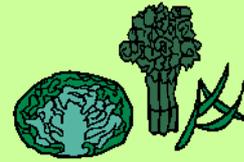
## Things I like to eat



rice



chicken



green vegetables



bananas



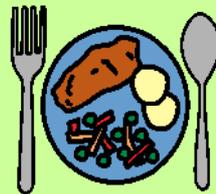
fish



apple juice



chips



school dinners



pizza

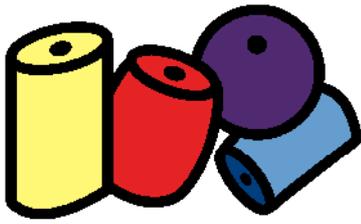
## Things I DON'T like to eat



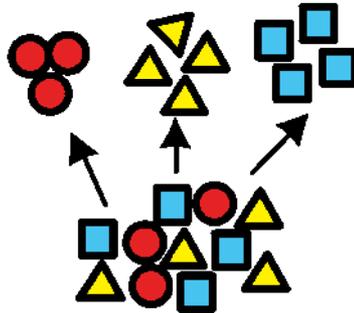
most fruit

I eat a few sweet things  
but not many

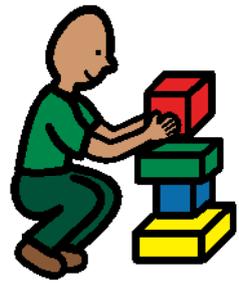
# Things I like doing at school



threading



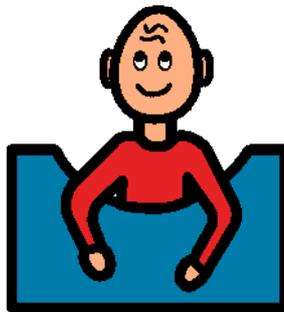
sorting



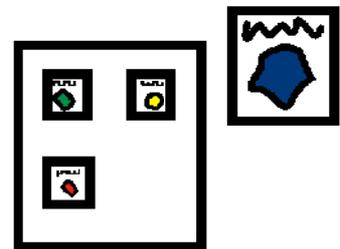
stacking



signing



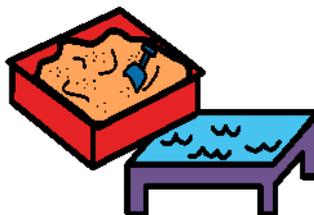
working in the Pod



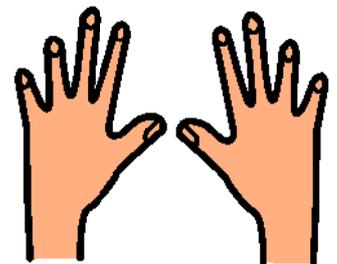
PECS



singing



sand and water play

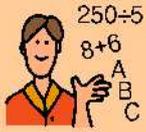


writing in gloop, shaving foam, mashed potato and jelly

# Things I DON'T like doing in school



Sometimes I don't like work sessions



# My Class



This is my teacher, R.  
She teaches me all sorts of  
things about the world  
around me.

This is E.  
E is one of the  
Teaching Assistants in our class  
and works in here full time.



This is G.  
G is our Dinner Lady.  
She helps us at lunch time.





L and C are  
also Teaching Assistants.  
They job share. C  
is also training to be a teacher.



H and J  
are Modern Apprentices.  
They also job share.  
They are kept very busy.





# My Family



My best friend xxxx and his wife xxxx  
at the Hadrian's Wall procession in Carlisle.



My Cousin xxxxx and me horse riding.



My family in China at Chinese New Year.  
We like eating and "yum cha"



My Carer, xxxxx, helping us to cook.



# My Family



Me and Mamma on my first day at James Rennie School.



This is me at Keswick.  
I like being in the countryside.



Me and B cycling.



This is me, with my new sister,  
F.

## Comments Page

Please use this space to write down anything else you want to record about me