

TRANSCRIPT: Person-centred planning and person-centred review

Brandon Mills

Person-centred planning's based around the values of inclusion. It offers an alternative method of working to the traditional types of planning where disability was identified, the needs were assessed, services allocated and decisions made for that young person.

Now, person-centred planning is completely opposite. It's focused on the young person. It's looking at their capabilities and it's a way of helping a young person and the family think about what they want now and also into the future. It's about supporting people to plan their lives, to work towards their goals, to get the right support. It's not about what's right for them, it's about what's important for that person as an individual.

So for example, it's thinking about when they leave school, are they going to continue education? Do they want to go into the world of work? How do I want to live? Do I want to share a house with friends? Do I want to stay at home with mum and dad? It's looking at what support they might need. So it's very much joining everybody together so that everybody knows that, when that young person leaves school, X, Y and Z needs to be put in place and in order to get X, Y and Z in place, Social Services might need a set of actions that they need to complete, the Health Service might need to complete a set of actions.

Now person-centred review is bringing all those people together at one point, with one focus, out of which comes a person-centred plan.

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